S.NO.	DATE	NAME OF THE ACTIVITY	NO. OF STUDENTS
1	15.03.2017	Awareness programme on Leprosy and Skin disease	200

S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
10	15-03-2017	Awareness programme on Leprosy and Skin disease	200	04

Awareness programme on Leprosy and Skin disease





The Health and Hygiene Committee of the College invited the Lepra Society to conduct an "Awareness programme on Leprosy and Skin diseases" on 15th March, 2017. The Lecture cum interaction helped in sensitizing students on leprosy, diagnosis and treatment.

The Resource Persons invited were:

- 1. V. Sathyanarayana (APMO) Assistant Para-Medical Officer (Leprosy and Aids)
- 2. Dr. Aruna Bala Chaudary Consultant Medical Officer, Lepra Society.
- 3. G. Swamy Reddy Project Officer, Lepra Society.

Context:

The Government aims to eliminate Leprosy a public health problem by 2020 and is taking steps to seriously create awareness among the people about the disease which is surrounded by myths and stigma. Today when Leprosy is curable the age old stigma attached to it has not been cured. People think that Leprosy is a result of sins and immoral behavior, people affected by Leprosy and other skin diseases are often unaware that Leprosy is treatable and that they have their rightful place in the society. Every year on Mahatma Gandhi's death anniversary is observed as Anti-Leprosy day. A nationwide Sparsh Leprosy awareness campaign was launched on January 30, which also marked as Anti Leprosy day Dr. Anil Kumar Deputy Director General, Central Leprosy Division Ministry of Health and family welfare.

S.NO.	DATE	NAME OF THE ACTIVITY	NO. OF STUDENTS
1	31.07.2017	Mega Rally on Anti Drug Campaign	300
2	14.12.2017	CANCER AWARENESS PROGRAMME	150
3	17.02.2018	Awareness camp on Breast and Cervical Cancer	150

S.No	Date of the	Name of the	No. of participants	No. of Faculty
	programme	programme		involved
1	31-07-2017	Mega Rally on Anti Drug Campaign	300	06

Mega Rally on Anti Drug



The NSS of Government Degree College for Women, Begumpet organized a Mega Rally on *Anti Drugs* on 31st July, 2017 from Government Degree College for Women, Begumpet to Shyamlal Building by raising slogans and holding placards on the "*Ban on Drugs*."

300 students and volunteers participated in the event. The Begumpet Corporator, Ms.Taruni urged the students not to get addict to drugs and to stop using them.

S.No	Date of the	Name of the	No. of participants	No.of Faculty
	programme	programme		involved
2	14-12-2017	CANCER	150	03
		AWARENESS		
		PROGRAMME		

CANCER AWARENESS PROGRAMME











An Awareness programme on Cancer and Radiation Therapy was organized by Dr.P.V.Sushma, Radiation Oncologist, from KIMS Hospital. The main objective of this programme was to create Awareness on *Cancer*, *its Cure and Prevention* which can be done by regular health checkups. The lecture also enlightened the students on the effects of radiation therapy and rehabilitation of cancer patients.

2017-18

S.No	Date of the	Name of the	No. of Participants	No. of
	programme	programme		Faculty
				involved
3	17-2-2018	Awareness camp on		
		Breast and Cervical	150	02
		Cancer		

Awareness Camp on Breast and Cervical Cancer



The cancer awareness camp was conducted by Hyderabad Youth Association, an NGO on 17-2-2018. The objective of this programme was to raise awareness and reduce the stigma of breast and cervical cancer by educating the students on the symptoms, treatment and the need for a reliable and permanent cure.

S.NO.	DATE	NAME OF THE ACTIVITY	NO. OF STUDENTS
1	02.08.2019	VIVO Health Care	101
2	25.09.2018	Breast and Cervical Cancer Day	100
3	22.02.2019	Awareness programme on Nappy Vending Machines and Incinerators.	100
4	01.12.2018	Rally on AIDS Awareness	100

S.No	Date of the	Name of the	No.of participants	No. of
	programme	programme		Faculty
				involved
1	02-08-2019	VIVO Health	101	01
		Care		

VIVO Health Care/ Heart Attack Victim Aid through

Cardiopulmonary resuscitation (CPR) by Mr. S. Arun



On 02-08-2019 VIVO Health care enlighten the students on how CPR can do as first aid for heart attack victim. 100 students are benefited through this programme,

The Seven Fundamental Steps of CPR were demonstrated practically

- 1. To put the heel of your dominant hand at the center of the person's chest.
- 2. To put your other hand over your dominant hand, then interlock your fingers
- 3. To start chest compressions.
- 4. To open the person's mouth
- 5. To add rescues breathe.
- 6. To watch the chest fall, then do another rescue breath.

S.No	Date of the programme	Name of the programme	No. of participants	No.of Faculty involved
2	25-09-2018	Breast and Cervical Cancer Day	100	06

Breast and Cervical Cancer Day – Pink Ribbon Day (25-09-2018)

A talk on *Prevention of Breast & cervical cancer by Vaccination* by Dr. Sai Laxmi Dayana, Apollo Hospitals. The students were sensitized on the importance of self-examination and early detection methods of breast cancer and the steps to prevention.



Dr.D.SaiLaxmi Daayana, gynaecologist addressing regarding causes of cervical cancer and vaccination for prevention.



Dr.Ashish chouhan, Diabetologist, with Principal Dr.G.Yadagiri, from Apollo hospital, Jubilee hills.

Siddam NGO have organized An awareness camp on breast and Cervical cancer by **Dr.D.SaiLaxmi Daayana, Gynaecologist** from Apollo hospital, Jubilee hills.

The lecture also included causes and prevention of breast and cervical cancer and vaccination. The programme was concluded by Dr.Ashish **chouhan**, **Diabetologist**,, from Apollo hospital, Jubilee hills, who addressed the gathering regarding food habits and risk of cancer. The programme was organised by Health coordinator MrsV.Rohini and Mrs. Suprabha Panda.

S.No	Date of the	Name of the programme	No. of Participants	No. of Faculty
	programme			involved
3	22-02-2019	Awareness programme on Nappy Vending Machines and Incinerators.	100	02

<u>Awareness programme on Menstrual health and operation of Vending machine and Incinerators</u>





Vyomini -NGO Importance of Sanitary pad disposal. Awareness on menstrual hygiene, dealing with pain, and importance of hygiene. Menstrual Hygiene and Usage of Incinerator.

The main purpose creating awareness on usage of Biodegradable napkins and sale of Napkins at cost effective prices.

- Immediate access to napkins anytime of the day to meet menstrual emergencies.
- The convenience of purchasing the product independently.
- Self-dispensing of the napkin at the drop of a coin.
- Saves the embarrassment of seeking napkins in the peer group or from authorities.

S.No	Date of the programme	Name of the programme	No. of participants	No. of Faculty involved
4	01-12-2018	Rally on AIDS Awareness	100	2

Rally on AIDS Awareness



Awareness on HIV/AIDS

100 NSS students actively participated in a rally on AIDS Awareness to mark the event of World Aids Day on 1 December, 2018 at Kanukunta, Medchal district, Telangana. All the four NSS unit officers together organized this programme.

The main objective of this program was Stating that citizens and the youth have a collective responsibility towards increasing awareness on HIV/AIDS prevention, students took out a rally.

Like every year, World AIDS Day 2018 was celebrated with a new theme "Right to health' including a range of interactive activities, campaigns

The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment and care around the world.

S.NO.	DATE	NAME OF THE ACTIVITY	NO. OF STUDENTS
1	31/5/2019	Rally on Ban on Tobacco	50
2	1-12- 2019	Rally on Aids Awareness	50
3	19 -07- 2019	Donate a Pad	50
4	22-01- 2021	Awareness Programme on Mental Health	120
5	12-03- 2019	Medical Camp	60

S.No	Date of the programme	Name of the programme	No. of Participants	No.of Faculty involved
1	31/5/2019	Rally on Ban on Tobacco	50	04

Rally on Ban on Tobacco



The NSS units of our college have conducted anti Tobacco rally, near Begumpet. The objective of this rally was antismoking campaign to provide an effective population-wide method of preventing smoking uptake, promoting adult smoking cessation, and reducing smoking prevalence. Antismoking messages produce strong emotional arousal, particularly personal stories or graphic portrayals of the health effects of smoking; reach out the common people well.

S. No	Date of the programme	Name of the programme	No.of participants	No.of Faculty involved
2	1-12-2019	Rally on Aids Awareness	50	04

Rally on Aids Awareness





The main objective of this program was Stating that citizens and the youth have a collective responsibility towards increasing awareness on HIV/AIDS prevention, students took out a rally .

Like every year, World AIDS Day 2019 was celebrated with a new theme "Right to health' including a range of interactive activities, campaigns.

The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment and care around the world.

S.No	Date of the programme	Name of the programme	No.of Participants	<u>No.of</u> <u>Faculty</u> <u>involved</u>
3	19 -07-2019	Donate a Pad	50	01

'Donate a Pad' program in collaboration with Apna Green Products





MoU with Apna Green Products

An MoU was agreed between NGO -APNA GREEN PRODUCTS and WEC on 19-07-19. In this MoU provides awareness programs regarding menstrual hygiene, nutrition and use of biodegradable sanitary pads

To educate students and staff by facilitating seminars, conferences and workshops regarding the importance of usage of biodegradable sanitary pads. To offer entrepreneur oriented courses for manufacture of biodegradable sanitary pads.

S.No	Date of the programme	Name of the programme	No. of participants	No.of Faculty involved
4	22-01-2021	Awareness	120	03
		Programme on		
		Mental Health		

Mental Health Awareness Program

WEC has conducted an awareness program on Mental Health in collaboration with Pran Foundation. The program was attended by nearly 120 and the resource person Mr Jeff Pran explained students about the increasing cases on mental health in all age groups and steps how to identify them and deal with them.



S.No	Date of the	Name of the	No. of Participants	No.of
	programme	programme		Faculty
				involved
5	12-03-2019	Medical Camp	60	02

Medical Camp



Free Medical Camp organized in collaboration with Lions club, Hyderabad



A Health camp was conducted in collaboration with Lions club, Hyderabad it was inaugurated by Dr. Vijayalakshmi, senior Gynaecologist, Rainbow Hospitals Hyderabad. The Programme included general health checkup sugar & BP test.

S.NO.	DATE	NAME OF THE ACTIVITY	NO. OF STUDENTS
1	28.09.2020	FIT INDIA Programme	65
2	15.08.2020 to 02.10.2020	FIT INDIA PROGRAMME, 2020	01
3	06.03.2021	First-Aid Awareness Programme	200

S.No	Date of the	Name of the	No.of participants	No.of Faculty
	programme	programme		involved
1	28-09-2020	FIT INDIA	65	15
		Programme		



FIT INDIA Movement was launched on 29th August, 2019 by Hon'ble Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle. Towards achieving this mission, Fit India proposes to undertake various initiatives and conduct events to achieve the following objectives:

- To promote fitness as easy, fun and free
- To spread awareness on fitness and various physical activities that promote fitness through focused campaigns
- To encourage indigenous sports
- To make fitness reach every school, college/university, panchayat/village, etc.
- To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories

S.No	Date of the	Name of the	No.of participants	No.of Faculty
	programme	programme		involved
2	15-08-2020 to	FIT INDIA	01	04
	02-10-2020	PROGRAMME,		
		2020		



The NSS volunteers actively created awareness on FIT INDIA, in and around the slums of our college premises. The main objectives of the program are

- To promote fitness as easy, fun and free
- To spread awareness on fitness and various physical activities that promote fitness through focused campaigns
- To encourage indigenous sports
- To make fitness reach every citizens
- To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories

S.No	Date of the programme	Name of the programme	No.participants	No.of Faculty involved
3	06-03-2021	First-Aid Awareness Programme	200	10

One Day Workshop on First Aid Awareness Programme- by Dhanvanthari Charitable Trust.



On 06-03-2021 Dhanvanthari Charitable Trust, enlightened the students on how CPR can be as first aid for heart attack victims. 200 students were benefited through this programme, organized by NSS units and Physical Science Departments.

The Seven Fundamental Steps of CPR were demonstrated practically

- 7. To put the heel of your dominant hand at the center of the person's chest.
- 8. To put your other hand over your dominant hand, then interlock your fingers

- 9. To start chest compressions.
- 10. To open the person's mouth
- 11. To add rescues breathe.
- 12. To watch the chest fall, then do another rescue breath.

PRINCIPAL

Gert, Degree College for Women

Begnupet, Hyderabad,